

INTERNATIONAL JUDO LEAGUE

"Szansą dla Każdego"

International Judo League Organisers	UKS FENIKS Bytom	15-17.04.2023
www.ijl-poland.com	Hato Warszawa	22-23.04.2023
	AZS Opole	13-14.05.2023
	UKS Conrad Gdańsk	23-24.09.2023
	Akademia Judo Poznań	28-29.10.2023
	Juvenia Wrocław	25-26.11.2023
 	The event is held under the honorary patronage of the Marshal of the Silesia Region and the President of Bytom Media patronage Bytomski.pl Media patronage Slazag.pl Media patronage TVP3	
Date	15 - 17.04.2023	
Competition venue	Hala Sportowa "Na Skarpie" im. J. Wiśniewskiego ul. Frycza-Modrzewskiego 5, Bytom, Poland	
Contact information	Tournament Director - Wojciech Wysocki +48 501 269 171 Technical Supervisor - Marcin Żochowski Referee in Charge - Beata Hilt-Malczewska +48 509 739 989	
Competition entries	Registration must be made via the website http://ijl-poland.com/rejestracja	
Closing date	Thursday, April 13th, 2023 by 18:00. All late entries will be registered on the day of the competition, late fee 150zł.	
Entry fee	Entry fee 80,00 zł / 18 Euro. To be paid by coaches before weigh-in on the day of the competition.	
Referees	Licensed	

<p>Competition rules</p> <p>General weigh-in information</p> <p>Additional competition information</p> <p>Insurance/liability</p>	<p>According to the new IJF rules for 2019 and Polish Judo Federation's competition regulations.</p> <ul style="list-style-type: none"> All competitors in U17 & U15 must hold, and present at weigh-in, a valid medical examination or parental consent in U13 & U11, Competitors who do not make weight, to which they were registered, will be automatically assigned to adequate weight category, All the contestants must wear personal underwear during weigh-in, In the age categories U11, U13 and U15: 200g weigh-in allowance, In the age category U17: 1 kg weigh-in allowance, <u>All competitors must hold and produce proof of ID, weigh-in card and medical examination at weigh-in,</u> The organisers keeps the right to merge weight categories, if there are not enough participants in any weight categories, Please be aware of the specific weigh-in times for each category. <ul style="list-style-type: none"> Arm locks and strangles are not allowed in U13, The following techniques are not allowed in U11: tomoe-nage throws, youko-tomoe-nage or throws with the head being embraced (not to be confused with the grip from „above”) In U11 and U13, competitors are allowed to wear white or blue judogi. In U15 and U17, the competitor called for a contest second must wear a blue suit, <p>Neither the organisers, nor the officials will be held liable or responsible for any personal injury or lost/damaged property arising out of participation and travelling in connection with this event. All athletes must have adequate insurance coverage which includes all medical expenses and repatriation.</p>			
<p>Categories</p>	<p>Kategoria</p>	<p>Rocznik</p>	<p>Weight Categories (kg)</p>	<p>Contest Duration & Golden Score</p>
<p>CU11 boys</p>	<p>2013 2014 2015</p>	<p>25/27/30/33/36/39/42/46/51/+51</p>	<p>2 min no Golden Score</p>	
<p>DU11 girls</p>		<p>25/28/31/34/37/41/46/+46</p>		
<p>CU13 boys</p>	<p>2011 2012 2013</p>	<p>31/33/36/39/42/46/50/55/60/+60</p>	<p>2 min Golden Score 1 min</p>	
<p>DU13 girls</p>		<p>31/34/37/40/44/48/52/56/+56</p>		
<p>CU15 boys</p>	<p>2009 2010</p>	<p>34/38/42/46/50/55/60/66/73/81/+81</p>	<p>3 min Golden Score no time limit</p>	
<p>DU15 girls</p>		<p>36/40/44/48/52/57/63/70/+70</p>		
<p>CU17 boys</p>	<p>2007 2008 2009</p>	<p>46/50/55/60/66/73/81/81/+81</p>	<p>4 min Golden Score no time limit</p>	
<p>DU17 girls</p>		<p>40/44/48/52/57/63/70/+70</p>		

Program	Friday 14.04.2023 Weigh-in 20:00-21:00			
	Saturday 15.04.2023 (Tournament) Access to the venue - 7:50 Tournament will commence at 09:30			
	Weigh-in and competition according to the timetable:			
	Category	CU13 boys	DU13 girls	CU17 boys
		CU15 boys	DU15 girls	DU17 girls
	Weigh-In	08:15-09:00	11:00-11:45	13:15-14:00
	Competition	10:00 - 13:30	13:30-15:30	15:30
	Weigh-in for U11 at 16:00-16:30 Competition draw will take place each time after weigh-in of each age category.			
	Sunday 16.04.2023 Randori 9:00 - 11:00, Technique & randori 17.00-19.00.			
	Category	CU11 boys		
DU11 girls				
Weigh-In	9:15 - 10:00			
Competition	11:15			
Monday : Randori 9.00-11.00 & 14.00-16.00 Training Camp - for competitors taking part in the tournament free of charge. All others 80,00 zł / 18 Euro per person.				

Seminar	<p>Piotr Sadowski - 7-time Polish Champion</p> <ul style="list-style-type: none"> • 7th place at the World Championships, • 5th place at the European Championships, • former Coach of Polish Olympic Team.
Prizes	<ul style="list-style-type: none"> • Medals and certificates will be awarded for places I to III in each individual weight categories. • Team cup for places I to X. • There will be prizes for approx. 20 randomly drawn Training Camp participants.
Competition format	<p>The competition will be held on 8 tatami.</p> <p><u>Competition format:</u></p> <ul style="list-style-type: none"> • 2 contestants - best of two, • Pool system 3-5 contestants, • Pool/Crossover – max. 8 athletes (2 pools – equally split. Top 2 athletes, crossover, semi-final/final), • Compound Knockout – min. of 8 contestants with double repechage
Accommodation & catering	<ul style="list-style-type: none"> • Accommodation and catering served in the competition venue to be booked by 11th of April 2023 on the website. • We kindly request to submit precise number of competitors due to administrative reasons.
Additional information	<ul style="list-style-type: none"> • Weigh-in cards to be collected by the team coach from the Competition Office before weigh-in. • The maximum number of contestants for each age category is 250. • Medals and certificates will be awarded after each age category. • There will be sport and catering stands in the competition venue.

Tournament organisers
wish you a pleasant stay in Bytom



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